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Virginia Health Information
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Web Site: www.vhi.org

**Virginia Health Information Publishes HMO Cost & Quality Report:
 Virginians choosing HMOs Reaches Five-Year High**

Richmond, VA -- What's important to you and your family for health care may be different for your neighbors or co-workers. Virginia Health Information (VHI) published their Compare HMOs report to help consumers find, compare and choose the HMO that best meets their needs. Compare HMOs is part of VHI's free Consumer Guide to Health Insurance Options, a comprehensive guide helping Virginia consumers and employers learn about health insurance options.

HMOs have gained in popularity. Over 1.2 million Virginians chose HMOs in 2014, a five-year high. Even so, HMO plans vary in their levels of coverage, costs and on performance measures.

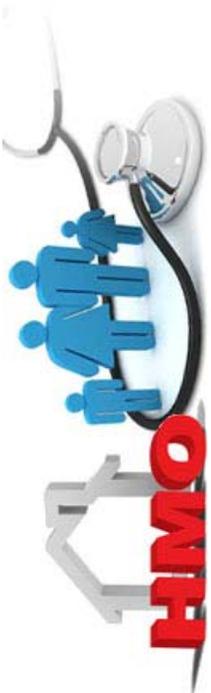
When shopping for health care insurance you may think first about the costs, but does your doctor participate in the HMO? Are the HMO's members satisfied with the care they get, doctors they use or ability to get care quickly? Do members say they get the care they need? How about immunizations for children and adults? How well cared for are members with diabetes, heart disease or depression?

Working with business, consumers and health insurance companies, VHI includes over 60 measures covering how quickly care is provided, satisfaction with doctors, screening for cancers, providing the right care and more. Some examples include:

Members Received:	VA Avg	5-Year High?	Better than Nt'l Avg?	Highest Rated HMO	Range across HMOs
Highly ranked Healthcare	79%	Yes	Yes	MD IPA	74%-82%
Childhood Immunizations	78%	No	Yes	Kaiser	56%-89%
Colorectal Screening	65%	Yes	Yes	United HC	54%-82%
Premium per member/per month	\$412	No	N/A	CareFirst	\$320-\$726

**HMO names are abbreviated. For more information and to view the full report, visit http://vhi.org/hmo_compare.asp. Lower premiums are considered better.*

About VHI: Virginia Health Information (VHI) is the nonprofit organization that businesses, consumers, the Commonwealth of Virginia and health insurance companies go to for health information. VHI publishes reports and consumer guides on health insurance, hospitals, HMOs, nursing facilities, physicians and other topics at www.vhi.org. To find the latest updates on health care data and statistics, find and like VHI on Facebook at www.facebook.com/vahealth.



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